An Adage a Day - A Tour of Love – by Carole Gilbert

For a fun column I thought I'd take you on a tour of a kitchen. Especially since this is Valentine's month, and we all love our food. It's amazing how many sayings we have created from foods and drinks. *They say* the kitchen is the heart of the home. It's where we make many of our memories. So, for the spice of life, let's start our tour.

Usually, the first stop in a kitchen is the refrigerator. At least it always was for my boys. It's the stop that can butter someone up, especially if we've spent lots of bread and butter filling it up. We'll find "The taste worth waiting for," and many accessories for cooking or baking from the bottom of our hearts. My family always loved when I was cooking or baking. "Nothin' says lovin' like somethin' from the oven!"

And if what we want to cook isn't in the fridge, maybe it's in the freezer. We look, "Where's the beef?" Oh well, we need to "Eat mor chikin." "It's the taste that matters." I love everything I put in my freezer! And it is "the food that lasts longer." Everything there is "Great-tasting every time you make them. It's all righta." It's "Convenience at its best," "The taste worth waiting for."

Then as we enter the pantry, if we hustle and bustle, it's "Snap, crackle, pop." We also see "It's the real thing." And so many items are there, "sweet as honey," or "sour as vinegar." It's all "Ready when you are, and when you aren't." And that's where I hide all my favorites! "They're grrrrreat!" I also know from my pantry, and I don't mean the door, "It never sticks. It's perfect every time." It is always full. "Something good always comes from it." "Oh yeah!" And remember, "You're cooking deserves the best."

As our tour continues, we move to my stove and oven to prepare for cooking. My cooking doesn't always turn out. Unfortunately, "That's the way the cookie crumbles," but I try hard. And I love to cook. I love to think about God and the many spices He has given us and as we've heard from Him, "You are the salt of the earth," Matthew 5:13. And whether salty or sweet, it's always, "Success made simple," with Him, even if my cooking is not.

God also said, "Behold, I have given you every plant yielding seed that is on the face of all the earth, and every tree with seed in its fruit. You shall have them for food," Genesis 1:29.

"Boy, this is good stuff."

Julia Childs tells us, "People who love to eat are always the best people."

But more importantly David tells us in Psalm 34:8,

Oh, taste and see that the LORD is good!
Blessed is the man who takes refuge in him!

There are so many fun sayings and slogans from our taste buds. “Variety is the spice of life.” I encourage you to sit down and fix a “cup of Joe.” “Got milk?” if you like it that way. “Mikey likes it.” It’s “Good to the last drop.” And while you're relaxing, see which of these you remember as well as reminisce over your own favorites. Also, while you’re enjoying that “Kickstart to the day,” thank God for the love He gives us and how He provides us with “A taste of heaven” here on earth.

So, see the rainbow. Taste the rainbow. Believe the rainbow.
“It doesn’t get better than this.”