Under Pressure – Every Fetter – by Debbie Haynes

When's the last time you used the word "fetter" in a sentence? I haven't, except for years ago as I sang it in an old hymn. It says, "Jesus breaks every fetter…"

And just what is a fetter? It's something used to bind and restrain something or someone. There are both physical and spiritual fetters, and He breaks both kinds!

In Acts 2 it says Jesus broke the physical chains (fetters) of death because those chains couldn't hold him. Death has no grip on us or our flesh. We have hope because He conquered death, hell and the grave.

Colossians 2 says that Jesus blotted out (erased) everything that was condemning us, nailing it to the cross, having spoiled (defeated) all powers and put them to shame as he triumphed over them!

2 Peter says the Lord knows how to deliver his people out of temptation!

So whether we are bound by a fetter of any kind – physical or spiritual – Jesus breaks them all and sets us free. And because of that, we are so thankful! What love the Father has given us in that he died for us to give us freedom from all that restricts us from living life to the fullest.

Maybe you have friends or family who are bound and you see no way for them to walk free. Maybe you've struggled with something that restricts you, for years. Maybe you don't even know what to call the fetter or define what it is that keeping the chains locked. That doesn't matter. God knows, so just ask him to break them all.

There's another part to the old hymn, after singing "Jesus breaks every fetter." It says, "I will shout Hallelujah!" Hallelujah is an expression of worship or rejoicing that occurs when something awesome has happened. Maybe you shouted hallelujah when your team won, or you got that job, or the sun emerged from behind the clouds. When we shout hallelujah after praying for chains to be broken, we are praising him for the freedom that's on the horizon.

He nailed all of those things that chain us and bind us to the cross, and he conquered all of the enemies that did the binding.

Say it with me – *Jesus breaks every fetter.*

Shout it out loud – *Hallelujah*.

Then sit and watch as the fetters start falling off, and smile at this old word that has become alive and new, one you can pray about, sing about, and shout about when the chained are set free…and you too ride among them…free.